

Teeth Whitening.

Take years off your smile! Did you know that whiter teeth exude **youthfulness and confidence**? Our lifestyle and age contribute to the staining and darkening or yellowing of our teeth. A whiter smile makes a lasting impression that can open doors for you both professionally and personally. The remedy: teeth whitening. Our clinic provides several professional options at different affordable price points.

Before considering teeth whitening, it is crucial to know that teeth whitening only affect the natural tooth enamel, it is **important to evaluate replacement of any old fillings, crowns, etc.** Replacement of any restorations will be done after bleaching so they will match the newly bleached teeth.

Types of whitening we offer:

Zoom! Teeth Whitening:

This is a rapid, **single visit teeth whitening** treatment. In about an **hour and a half**, you will be able to achieve the whiter teeth you desire. Sensitivity is normal, and it will subside in a few hours. Our staff will give you instructions on what foods to temporarily avoid after the treatment. It is sometimes necessary to come back for a retouch or maintenance to keep teeth at their whitest.

Custom Take Home Trays:

Our office also offers the **customized** take home whitening kits. These can be done in just two visits. On the initial visit, we will take an impression where a cast will be made of your upper and lower arch. Then trays will be made from these casts. On your next visit, the doctor will explain to you how to use the trays and the whitening gel at home. This process takes more time. It could be days before you see the result. Custom trays **work just as well as the Zoom whitening**. Like any professional grade whitening, your teeth can be really sensitive but this will be temporary.

	Treatment of Time	Results	Notes
	45 Minutes	Avg. 8 shades	<ul style="list-style-type: none">✓ Immediate Results✓ Long lasting,✓ Less fadeback✓ Safe & comfortable✓ Performed by a Dental Professional
At Home Trays	7-14 Days	6 shades	<ul style="list-style-type: none">✓ Self applied✓ Trays✓ No immediate results
Whitening Strips/Paint on Gel	7-30 Days	3-4 shades	<ul style="list-style-type: none">✓ Inconsistent tooth whitening✓ No immediate results
ToothPaste	1 month +	1-2 shades	<ul style="list-style-type: none">✓ Results fade if you stop using the toothpaste✓ Superficial stains only

*All information in the links are provided by the American Dental Association (ADA), America's leading advocate for oral health. For additional information, go to www.ada.org.